

# MENU



## WEEK ONE

25/2, 18/3, 8/4, 13/5, 10/6, 1/7, 2/9, 23/9, 14/10

## WEEK TWO

4/3, 25/3, 29/4, 20/5, 17/6, 8/7, 9/9, 30/9, 21/10

## WEEK THREE

11/3, 1/4, 6/5, 27/5, 24/6, 22/7, 16/9, 7/10

MONDAY

Sausage & Mash  
Or  
Shepherdess Pie (v)  
Shredded Savoy Cabbage, Peas  
Carrot Cake

Beef Burger with Jacket Wedges  
Or  
Cheese & Onion Pinwheel (v)  
BBQ Beans, Mixed Salad  
Lemon Drizzle Cake

Cottage Pie  
Or  
Veggie Sausage with Gravy & Mash (v)  
Peas, Carrots  
Apple Sponge & Custard

TUESDAY

Sweet & Sour Chicken & Rice  
Or  
Vegetable Chow Mein with Spring Roll (v)  
Sweetcorn, Oriental Mixed Vegetables  
Mandarin Cheesecake

Singapore Noodles with Chicken  
Or  
Sweet Potato & Lentil Curry with Rice(v)  
Sweetcorn, Roasted Courgettes  
Iced Shortbread

Chicken Korma with Rice  
Or  
Chick Pea, Vegetable & Noodle Stir Fry (v)  
Green Beans, Cauliflower  
Jam Swiss Roll

WEDNESDAY

Roast Turkey, Gravy & Roast Potatoes  
Or  
Macaroni Cheese (v)  
Broccoli, Honey Roast Parsnips  
Apple Crumble & Custard

Roast Chicken with Stuffing, Gravy & Roast Potatoes  
Or  
Roast Quorn Fillet with Stuffing, Gravy & Roast Potatoes (v)  
Carrots, Savoy Cabbage  
Caramelised Apple Crumble & Custard

Roast Chicken with Stuffing, Gravy & Roast Potatoes  
Or  
Broccoli Pasta Bake (v)  
Peas, Carrots  
Australian Cake

THURSDAY

Szechuan Beef with Noodles  
Or  
Mediterranean Stromboli (v)  
Italian Salad, Green Beans  
Apple Crumble & Custard

Spaghetti Beef Bolognese  
Or  
Vegetable Bolognese with Pasta(v)  
Super Greens  
Courgette & Lime Cake

Beef Lasagne with Garlic Bread  
Or  
Cheesy Potato Omelette (v)  
Mixed Salad, Green Beans  
Passion Cake

FRIDAY

Breaded Fish & Chips or Chicken Curry & Rice or Chips  
Or  
Veggie Hot Dog & Chips (v)  
Peas, Baked Beans  
Iced Bun

Fish Finger Sandwich & Chips or Chicken Curry with Rice  
Or  
Cheese & Onion Pasty with Chips (v)  
Peas, Baked Beans  
Caramel Krispie Cake

Battered Cod & Chips or Chicken Curry with Rice  
Or  
Veggie Cheese Burger with Chips (v)  
Peas, Baked Beans  
Apple Flapjack